

250 Word Bio

Jen Bushman is a psychic reader, spiritual teacher, healer, and speaker whose work focuses on helping people understand the connection between consciousness, energy, intuition, and personal transformation. Psychic since childhood, Jen has spent a lifetime exploring the unseen influences that shape human experience and our relationship with spirit.

Through her work with soul contracts, spirit guides, dimensions, crystals, healing, and expanded awareness, she helps individuals gain clarity, release limiting patterns, strengthen their intuitive abilities, and deepen their connection to themselves and the world around them.

Her approach combines practical insight with spiritual exploration, making complex metaphysical concepts accessible and relevant to everyday life.

Jen is known for her ability to identify energetic patterns, uncover hidden influences, and guide people toward greater self-awareness and personal empowerment. Whether working with clients, teaching workshops, leading retreats, or appearing on podcasts and media platforms, she brings humor, compassion, and a grounded perspective to conversations about spirituality, healing, and human potential.

Her work invites people to explore the relationship between thoughts, emotions, energy, and consciousness while discovering new possibilities for growth, healing, and transformation.

Drawing from decades of personal exploration and years of professional work, Jen encourages others to trust their intuition, embrace their unique path, and expand their understanding of what is possible.

Today, Jen shares her insights through private sessions, classes, retreats, speaking engagements, and media appearances, helping audiences around the world navigate life with greater clarity, purpose, and connection to spirit.